Terms of Reference

Uterus Prolapse project Task Force at NRNA ICC

Background

The uterus is normally held in place by a hammock of muscles and ligaments. Prolapse happens when the ligaments supporting the uterus become so weak that the uterus cannot stay in place and slips down from its normal position.

The most common cause of uterine prolapse is trauma during childbirth, in particular multiple or difficult births. In Nepal, the chance of a prolapse occurring are accentuated by fact that many rural women return to heavy manual work immediately after giving birth without adequate rest. Specialists estimate that more than 600,000 women suffer from uterine prolapse, making it one of the leading causes of morbidity among lower caste and rural women. This condition is surgically correctable.

NRNA has been always working with Nepal government hand in hand. "Uterus prolapse" being a priority project of Nepal Government in women and child health care, it was obvious for NRNA to adopt this project. During the first ICC meeting of this term held on 15th October 2013, the "Uterus Prolapse Project" was adopted as an ICC project.

NRNA NCC Australia had been working in this project last few years and completed more than a hundred of operations. As an ICC project, the plan is to complete at least 300 operations.

Objective

- 1.Encourage All NCCs, Office bearers, ICC members and other fellow NRNs to contribute for the project..
- 2. Encourage NCCs to sponsor at least one operation.
- 3. Liaise with friends of Nepal and other donor agencies to contribute for the project.

- 4. Work with Nepal Government and health ministry, departments of Nepal to facilitate the project in Nepal.
- 4. Organize 5 health camps in different region of Nepal for screening of the patients.
- 5. Provide free medicine during the health camp.
- 6. Collect fund and facilitate the diagnosed patients for operation.
- 8. Run awareness programs in health camps.
- 8. Sign MOU with NGOs and hospitals to organize health camps, operations and awareness programs.
- 7. Collect the Funds at NRNA ICC's women welfare account. Encourage fellow NRNs to channelize their contribution only through NRNA ICC's official account and keep the proper records of all expenses on charity works.

Formation of the TF team

NRN ICC has nominated Ms. Sapila Rajbhandari (ICC Women Coordinator) to chair this TF. The chairperson of the TF is free to decide to nominate the cochairs and select a team of TF members. The chairperson of the TF is free to decide the numbers of the TF members.

The TF will liaise with reliable / reputed NGOs and social workers in Nepals if necessary.

Members of the TF will facilitate NCCs of his / her region to collect fund for the project. The TF team will also visit the health camp and operation sites if possible.

The TF team will conduct regular meeting among the team members to discuss on progress report and work plan.

Criteria to select the TF memebrs

- 1. The chair of the TF will request Women Forum, Regional Coordinators to recommend the names of the interested members to work at this TF in consultation with NCCs and ICC members of their respective regions.
- **2**. Interested members to work at this Task Force are requested to provide their interest and confirm their commitment.

Updates of the TF progress report.

The TF chair will submit the progress report to ICC periodically, in every 90 days.

She will also update the progress report at regional conferences and all ICC meetings.

Time frame

This TF will start working immediately after its formation on 7th of April 2014 and continue till the 7th Global Conference in October 2015.