



## NRNA WOMEN FORUM REPORT 2017-19

### A. BACKGROUND:

Since its establishment; NRNA is supporting and contributing towards the empowerment of Women within and beyond association by conducting various trainings, programs and seminars. NRNA has been expanding its networks around the world equally establishing women forum in those countries.

Till date NRNA Women Forum has been established in more than 60 countries; these forums are working towards empowering Nepali women in and out of Nepal by minimizing and mitigating challenges and threats concerning women and promoting safe migration for women and their welfare. NCC Women Forums are executing under the guidance and supervision of NRNA ICC Women Coordinators. Women forums draft planning and strategies to design skill based Employment Generation trainings for underprivileged group of women; which will promote entrepreneurship; be self-reliant and earn for themselves.

Not only that NRNA Women forum has organized different health camps and awareness programs targeted for Nepali women and children. Now and then, NRNA Women Forum interacts with Nepal Government and different stake holders to address the major issues relating equal rights for Women, eliminate Domestic Violence, Women Health and their Education. NRNA Women Forum has been advocating for the right of women and issuance of citizenship to their children in the name of mother. Women Forum believe that there should be equal access for women in social, political, economic sector of Nepal. Women should be given equal rights and should not be treated as second class citizen of the nation.

### B. OBJECTIVES:

- Build network and unite NRN women residing throughout the world
- Utilize and manage collective efforts of Nepali Women to expand and strengthen their network for the welfare of Nepal and Nepalese.
- Help and support Nepali Women by Nepali Women
- Empower each and every Nepali Women around the globe
- Work for the welfare of Nepalese female migrant workers
- Reintegration of Nepalese Female migrant worker in Nepali Society
- Lobby for the rights of Nepali Women in and out of Nepal

### C. WOMEN TEAM:

- 2005-07 RANJANA UDAS (Women Coordinator)
- 2007-11 USHA SHARMA (Women Coordinator)
  - Ranju Wagle Thapa (Deputy)
- 2011-13 RANJU WAGLE THAPA (Women Coordinator)
  - Radha Basnyat (Deputy)

- 2013-17                      SAPILA RAJBHANDARI (Women Coordinator)
  - Rajani Pradhan (Deputy)
  
- 2017-19                      RAJANI PRADHAN (Women Coordinator)
  - Manakala Bista Thapa (Deputy Africa)
  - Sangita Lamsal Siwakoti (Deputy Americas)
  - Junu Maya Gurung (Deputy Asia Pacific)
  - Sangita Marahatta Sharma (Deputy Europe)
  - Yasmin Begum Sayed (Deputy Middle East)
  - Preeti Sharma (Deputy Oceania)

**D. FORMATION OF NEW WOMEN FORUM IN 2017-19:**

- Women Forum Ireland LCC Limerick, Tipping and Cork formed on 9 December 2017
- Women Forum Austria formed
- Women Forum Austria LCC Salzburg, on 24 February 2018
- Women Forum France was formally formed on 29 April 2018.
- Women Forum Germany LCC NRW was formed on 07 May 2018.
- Women Forum Germany LCC Hessen formed on 16 June 2018.
- Women Forum Japan formed
- Women Forum Hong Kong formed on July 2, 2018
- Women Forum Sweden formed on July 15, 2018.
- Women Forum Thailand formed on 17<sup>th</sup> September, 2018.
- Women Forum Macau formed on 27<sup>th</sup> October, 2018.
- Women Forum Malaysia formed on 29<sup>th</sup> November, 2018.
- Women Forum Bahrain formed on 19<sup>th</sup> March, 2019.
- Women Forum Myanmar Formed on July 2019

**E. MAJOR ACTIVITIES OF NRNA WOMEN FORUM:**

**1. Health and Awareness Programs:**

- NRNA Women Forum conducted the Uterus Prolapse and ENT Free Checkup Camp in Shikharbesi and Rautebesi of Nuwakot on 28<sup>th</sup> February and 1<sup>st</sup> March 2019 respectively. More than 500 people got benefitted from this camp. The camp was led by medical team of Women and Maternity Hospital and Bir Hospital.



- NRNA Women Forum conducted the Uterus Prolapse and ENT Free Checkup Camp at Thokarpa VDC of Sindupalchowk on 9<sup>th</sup> October, 2018 on occasion of NRN Day. More than 300 women got benefitted from this camp where as more than 500 locals including their children got free ENT checkup services. Health and Hygiene kits were distributed to the beneficiaries of this events.



- NRNA Women Forum conducted the Uterus Prolapse and ENT Free Checkup Camp at Mangalsen, Achham on 26- 27 February 2018. More than 200 women benefitted from this camp where as more than 500 locals including their children got free ENT checkup services. The medical team referred 20 women with Uterus Prolapsed complications for the further full treatment. The Uterus Camp was led by Dr. Jaya Ram KC, Gynecologist of Navajeevan Hospital of Dhangadi whereas the ENT Camp was led by Dr. Jayant Pradhanaga, ENT Specialist of Bir and Kathmandu Hospital.



- Free E.N.T. Health Camp and Hygienic Awareness Program was held on 5 November 2017 in Ramailo Pathsala School at Jaranku Kathmandu. The program was jointly organized by Lions club of Kathmandu in association with Kathmandu E.N.T. Hospital and All Nation Youth Nepal NGO. NRNA Women Forum supported the program by

distributing hygiene kit to around 200 students participated in the camp. More than 132 students with local residents were examined and provided free ENT service.



## 2. Skill Enhancement Trainings:

- First Level Tailoring Training was conducted in Belgium, Europe from 10<sup>th</sup> to 25<sup>th</sup> April, 2019 for the Nepalese Women living in Europe. In this training, there were 20 participants.



- Tailoring Training was conducted from 1<sup>st</sup> March for one month by NRNA Women Forum and FWEAN in Panchakanya Secondary School, Nuwakot. 20 economically backward women participants from different VDCs of Nuwakot were selected for the training.



- NRN Women Forum in coordination with Federation of Women Entrepreneurs Association of Nepal (FWEAN) jointly started the 2<sup>nd</sup> Women Empowerment and Skill Enhancement Training Program on 1 November 2017 in Namuna College of Fashion Technology (NCFT). The program was coordinated by FWEAN, funded by NRNA Women forum and training and venue was provided by NCFT. Under this program 20 females are provided skill enhancement training in tailoring



### 3. ONE EURO PROJECT AND ITS EFFECTIVENESS AROUND THE WORLD:

“1 EURO” project was adopted by the Women Forum Belgium initially. The concept was created by Ms. Lila Manandhar, Former Women Coordinator of NCC Belgium. Since then many Women Forum have adopted the project and contributed to many important projects initiated by Women Forum.

Under this concept, depending on the currency of Country, every women forum or NCC should collect One dollar, One Euro, One Pound, One Rubble, One Franc, One Krona One Dirham, One Yen, and One Rupee etc. per member per month.

Such collected funds will be kept under the official bank account of NCC or Women Forum and collectively contributed to Women Forum of ICC for taking up women based social project in

and out of Nepal. Such funds will be mobilized for the welfare of deprived Nepalese women inside and out of Nepal.

The NCCs and Women Forums should design mechanism to divide the collected fund in efficient manner such as keep 25% to NCC and deposit 75 % to ICC women forum account or contribute 100% funds to the Women Welfare fund to carryout different women based social programs in Nepal.

NCCs or Women Forum can release such fund to Women Welfare Fund of ICC monthly, quarterly or yearly basis as per the convenience. The Women Coordinator of ICC will keep track and record of all the income and expenses of the fund and report to all the NCC women forum timely. In case of funds reserved in NCCs the women coordinator of NCC should keep track of funds and submit report to members and ICC Women Coordinator.

Women forums around the globe; has collected more than 8000 Euros under one euro project this term and funds were mobilized to conduct different charities and training for deprived and disadvantaged group of women in Nepal.

#### **4. ADVOCACY AND DISCUSSION:**

- Representatives of NRNA Women Forum met Paurakhi Nepal Organization on 12<sup>th</sup> March, 2019. The discussion was about rehabilitation of women returnee from Foreign Employment, E-Rickshaw Distribution and Foreign Employment Policy of Government of Nepal and status of its implementation.
- NRNA Women Forum celebrated 109<sup>th</sup> International Women's Day by taking part in the rally organized by Ministry of Women, Children and Social Welfare on 8<sup>th</sup> March 2019 in Kathmandu. The women delegation led by Coordinator Rajani Pradhan conducted Blood Donation Program at Shanti batika in association with NNNA Blood Transfusion System Technology Transfer Sub-Committee. Singer Indira Joshi and Director of Central Blood Transfusion Service Center Dr. Manita Rajkarnikar donated blood with other 28 blood donors.
- NRNA Women Coordinator Rajani Pradhan took part in the Discussion Program against Women Trafficking by National Forum on 11<sup>th</sup> March, 2019.
- Representatives of NRNA Women Forum met the Director General of DOFE Mr. Biswa Raj Pandey on 3 November 2018. The discussion was about the status of women in foreign employment and the recent activities of Government of Nepal.
- Representatives of NRNA Women Forum met Hon. Shashi Shrestha President of State-Affair and Good Governance on 14 October, 2018. The discussion was about the status of Women Violence and Women Right in Citizenship Act of Nepal.
- NRNA Women Forum celebrated 108<sup>th</sup> International Women's Day by taking part in the rally organized by Ministry of Women, Children and Social Welfare on 8<sup>th</sup> March 2018 in Kathmandu. The women delegation led by Coordinator Rajani Pradhan also took part in the program chaired by Deputy President to Nepal held in National Assembly Hall.
- NRNA Women Coordinator met Hon. Tham Maya Thapa Ministry of Women, Children and Social Welfare on 28 February 2018 to discuss issues related to migrant female workers and also to brief her about the workshop on reintegration of female migrants.

- Representatives of NRNA Women Forum met Executive Officer of Foreign Employment Promotion Board, Mr. Raghuraj Kalfle, on 22 February. The discussion was about the status of women in foreign employment.
- NRNA Women forum met with heads of different women based social organizations (WEAN, Pourakhi Nepal, WEAN Cooperative, UN Women) from 1 till 10 November 2017 in Nepal to discuss and seek possible support and suggestions in empowering Nepalese Women by providing skill based trainings and reintegrating female migrants back in Nepali society.
- NRNA Women Forum conducted a meeting with different women based social organization of Nepal on 6 November 2017 at FNCCI Building, Kathmandu. The executives from different women based organizations and Department of Foreign Employment took part in the meeting. The major issue of discussion was on reintegration of migrant workers and empowerment of women by giving skill enhancement training, financial support and mentors to take up their entrepreneurial ventures.
- NRNA delegation led by Women Forum met the Director General of DOFE Mr. Biswa Raj Pandey on 3 November 2017. The delegation discussed more of the issues of women migrant workers and also utilized the opportunity to learn about the changes and upcoming policies of Labour ministry.

## 5. ACTIVITIES AROUND THE GLOBE:

- **10<sup>th</sup> European Regional Women Meeting** was held in Rome Italy on 3<sup>rd</sup> and 4<sup>th</sup> August, 2019. Women forum has honored two most active women coordinators of the Europe region 2017-19 as Subha Elmer Lama - Women Coordinator Switzerland and Bhawanee Tiwari Women Coordinator Austria.
- **1<sup>st</sup> Asia Pacific Regional Women Meeting** was held in Hong Kong on December 9 2019.
- Women Forum of NCC Switzerland handed over Wheel Chairs to patients of Bir Hospitals on 28<sup>th</sup> November, 2018.
- Women Forum of NCC Switzerland provided Hair Cutting Training to 20 women in Ghoda Ghodi Municipality of Kailali.
- 9th European Regional Women's Meeting was held in Luxembourg on July 30, 2018.
- Women Forum Middle East Region conducted it's regional meeting during the Regional Meeting from 23-25<sup>th</sup> August, 2018.

- NCC Japan Women Forum organized program on July 8, 2018 at Sinjuku Tokyo concerning women health in Japan. The aim of this program is to minimize basic health related problems like family planning, abortion and more of Nepalese Women residing in Japan.
- NCC Women Forum Austria organized social picnic program at Kahlenberg Vienna for the women and children on 3 June 2018.
- NRNA NCC Australia Women Forum (Nari Kunja Australia) conducted 6 months training for women who were conflict victims from 13<sup>th</sup> Dec, 2017 – May, 2018 in Bharatpur Chitwan .
- NCC Germany organized a charity dinner program on the occasion of Nepali New Year on 7th May 2018. The program raised fund for building of Muskan Sewa Nepal.
- NCC Women Forum UK organized an interaction program on 22 April 2018 to discuss on the projects of the Women forum and to officially launch the One pound a month project.
- NCC Canada and Canada Nepalese Women Chautari jointly celebrated 108<sup>th</sup> International Women's day on March 14, 2018 in Mississauga, Canada.
- NCC Australia Women Forum (Nari Nikunj) signed agreement with Women Entrepreneur's Association of Nepal –WEAN for providing basic skill training to deprived Nepalese women. The contribution of Rs. 10 Lakh was made by NCC Australia Nari Nikunj for this project. Under this project, around 35 women was trained on Ketchup Making, Ginger and Coriander farming and more.
- NCC Australia and Women Forum organized the walk for welfare program on 10 March 2018 at Cook Park to raise the awareness against women violence.
- NRNA Women Forum organized a workshop on reintegration of Returnee Female Migrants in Nepal on 4 March 2018 in Kathmandu to mark the 108<sup>th</sup> International Women's Day. The program was graced by Executive Director of FEPB Mr. Raghu Raj Kafle, Director General of DOFE Mr. Bhuwan P. Acharya, attended by NRNA President, MOFA Joint Secretary Krishna Dhakal, NRNA President Bhaban Bhatta.

Many executives of the women based organization of Nepal took part in the program and shared their views and ideas on reintegration concept. The officials from FEPB, DOFE and MOFA shared the plans and action taken by Nepal Government to empower Nepalese women and female migrants. Nepal government is positive in initiating pilot programs in support of NRNA and other stakeholders. Many returnee female migrants shared their experiences of their success, struggles and opportunities in the foreign land. NRNA. NRNA Women Forum emphasized on the issue of foreign employment and empowerment of Nepalese women in and outside Nepal.

- NCC Women Forum Switzerland celebrated the 108<sup>th</sup> International Women's Day on 10th March 2018 in Staufen/AG Switzerland. The participants shared their experience

with supporting Nepalese women in Europe and about organizing events, cultural activities and interaction programs for the Nepalese community in Europe Region.

- NCC Sweden Women Forum celebrated 108<sup>th</sup> International Women's day on 8 March 2018. The program was graced by Nepal Mandab Central Representative Shoma Thapa Adhikari and women representative and members of NCC Sweden.
- NCC Saudi Arabia celebrated 108<sup>th</sup> International Women's Day on 8 March 2018 by organizing special program.
- NCC Belgium celebrated 108<sup>th</sup> International women's day on 8<sup>th</sup> March 2018 in Belgium.
- NCC Hongkong organized NRNA Hike 2018 on 21 January 2018 to raise funds for the Nepalese Women suffering uterus prolapse condition. The participation fee for hike was HKD 200 per person.
- NRNA NCC Women Forum Belgium organized an interaction program on January 14, 2018 to discuss on formation of women forums in different parts, launch of one Euro Project, role of women coordinator, work of women forum and project plan of ICC women forum 2017- 19.
- NCC Canada women forum organized Oral and Dental Health Awareness program on 16 December 2017 at Brampton Everest Taekwondo under the coordination of Mr. Bimal Sapkota. The program was graced by chief guest Dr. Anita Gupta Specialist on Oral Health.
- "No to domestic violence and any other form of violence, the 16 Days Activism against gender based violence campaign Nov 25 to Dec 10, NRNA Women Forum Australia conducted signature campaign on 3<sup>rd</sup> Dec, 2017 to show solidarity.

**Rajani Pradhan**  
**Women Coordinator**  
**ICC 2017-19**  
**NRNA**