

FOR WOMEN BY WOMEN

# 9<sup>TH</sup> EUROPEAN WOMEN REGIONAL MEETING

LUXEMBOURG

JULY 30, 2018



**WOMEN FORUM 2017-19**

**ACTIVITY SUMMARY**



“No one has ever become poor by giving.”  
– Anne Frank

Namaste!

**WOMEN** have always played crucial role in the NRN movement from the beginning. However there were no official body of women within the NRNA nor there was special representation of women in the NRNA decision making body in the first two years of NRNA establishment. But women were actively involved in supporting the NRN movement, to establish NRN Association in Nepal.

After two years of formation of NRNA, recognizing the contribution and the need to have a special mechanism to deal with issues of NRN women, a women forum was formed in 2005. Since then women forum is actively working for the betterment and welfare of Nepalese especially women both within and outside of Nepal.

Till date, Women Forum has been formed in more than 65 countries and plans to expand them to countries wherever NCC is formed. The main objective of women forum is to build strong network of women and unite them. The idea is to utilize and manage collective efforts of Nepali Women to expand and strengthen their network for the welfare of Nepal and Nepalese. This forum is established by the women for the women.

Women forum has established separate fund which is used for women welfare fund for the social projects to help the Nepalese Women in and out of Nepal. Women Forum has taken initiatives/projects in different countries: **One Euro Per month; Women Empowerment and Skill Enhancement Training Program, Uterus Prolapse Free Camp, Health and Hygiene Awareness and ENT Free Checkup** in Nepal.

During the present ICC term, Women forum has initiated programs in support of Nepalese women and plans to implement programs of reintegrating female Returnee migrants in Nepal. This document summarizes the achievements and plans of women forum 2017-19 and is being released to mark the special occasion of **9<sup>th</sup> European Women Regional Meeting** to be held in Luxembourg.

On behalf of women forum all over, we would like to wish for the successful completion of the **11<sup>th</sup> European Regional Meeting** which is being organized on July 28-30, 2018 in Luxembourg.

**Rajani Pradhan**

Women Coordinator

International Coordination Council

Non-Resident Nepali Association

## A. NRNA Women Forum Activities:



1. NRN Women Forum in coordination with Federation of Women Entrepreneurs Association of Nepal (FWEAN) jointly started the 2<sup>nd</sup> Women Empowerment and Skill Enhancement Training Program on 1 November 2017 in Namuna College of Fashion Technology (NCFT). The program was coordinated by FWEAN, funded by NRNA Women forum and training and venue was provided by NCFT. Under this

program 20 females are provided skill enhancement training in tailoring. This is the 2<sup>nd</sup> batch of training being provided to Nepali Females from different district to uplift their economic status and to provide them employment opportunity. The trainees will be guaranteed job after the training and also the trainees will have to contribute Rs. 10 thousand each to the basket fund which will be utilized to continue such programs for other deprived women in future.



2. NRNA delegation led by Women Forum met the Director General of DOFE Mr. Biswa Raj Pandey on 3 November 2017. The delegation discussed more of the issues of women migrant workers and also utilized the opportunity to learn about the changes and upcoming policies of Labour ministry.

3. Free E.N.T. Health Camp and Hygienic Awareness Program was held on 5 November 2017 in Ramailo Pathsala School at Jaranku Kathmandu. The program was jointly organized by Lions club of Kathmandu in association with Kathmandu E.N.T. Hospital and All Nation Youth Nepal NGO. NRNA Women Forum supported the program by distributing hygiene kit to around 200 students participated in the camp. More than 132 students with local residents were examined and provided free ENT service.



“To fold the hands in prayer is well, to open them in charity is better.”  
- French proverb



4. NRNA Women Forum conducted a meeting with different women based social organization of Nepal on 6 November 2017 at FNCCI Building, Kathmandu. The executives from different organizations such as Paurakhi, UN women, FWEAN, WEAN, WEAN cooperative, ICIMOD and Department of Foreign Employment took part in the meeting. The major issue of discussion was on reintegration of migrant workers and empowerment of women by giving skill enhancement training, financial support and mentors to take up their entrepreneurial ventures.

5. NRNA Women forum met with heads of different women based social organizations (WEAN, Pourakhi Nepal, WEAN Cooperative, UN Women) from 1 till 10 November 2017 in Nepal to discuss and seek possible support and suggestions in empowering Nepalese Women by providing skill based trainings and reintegrating female migrants back in Nepali society.



**6.** NRNA Women Forum conducted the 6<sup>th</sup> Uterus Prolapse and 1<sup>st</sup> ENT Free Checkup Camp in Mangalsen, Achham on 26-27 February 2018. More than 200 women benefitted from this camp where as more than 500 locals including their children got free ENT checkup services. The medical team referred 20 women with Uterus Prolapsed complications for the further full treatment. The Uterus Camp was led by Dr. Jaya Ram KC, Gynecologist of Navajeevan Hospital of Dhangadi whereas the ENT Camp was led by Dr. Jayant Pradhanaga, ENT Specialist of Bir and Kathmandu Hospital.



**7.** NRNA Women Coordinator met Hon. Tham Maya Thapa Ministry of Women, Children and Social Welfare on 28 February 2018 to discuss issues related to migrant female workers and also to brief her about the workshop on reintegration of female migrants.

**8.** NRNA Women Forum organized a workshop on reintegration of Returnee femal migrants in Nepal on 4 March 2018 in Kathmandu to mark the 108<sup>th</sup> International Womens Day. The program was graced by Executive Director of FEPB Mr. Raghu Raj Kafle, Director General of DOFE Mr. Bhuwan P. Acharya, MOFA Joint Secretary Krishna Dhakal and NRNA President Bhaban Bhatta. Many executives of the women based organization of Nepal took part in the program and shared their views and ideas on reintegration concept. The officials from FEPB, DOFE and MOFA shared the plans and action taken to empower Nepalese women by Nepal Government. Nepal Government is positive in initiating pilot programs in support of NRNA and other stakeholders. Many returnee female migrants shared their experiences of their success, struggles and opportunities in the foreign land. NRNA Women Forum emphasized on the issue of foreign employment and empowerment of Nepalese women in and outside Nepal. NRNA Women forum shared the plan of starting reintegration program for small group of women in upcoming year by mobilizing affiliations of NRNA around the world. More than 120 participants attended the program.



9. NRNA Women Forum celebrated 108<sup>th</sup> International Women's Day by taking part in the rally organized by Ministry of Women, Children and Social Welfare on 8<sup>th</sup> March 2018 in Kathmandu. The women delegation led by Coordinator Rajani Pradhan also took part in the program chaired by Deputy President to Nepal held in National Assembly Hall.



## B. FORMATION OF WOMEN FORUM IN DIFFERENT COUNTRIES:

- NCC Women Forum France was formally formed on 29 April 2018.
- NCC Germany LCC NRW was formed on 07 May 2018.
- NCC Women Forum Ireland LCC Limerick, Tipping and Cork were formed on 9 December 2017.
- NCC Women Forum Austria was formed under the leadership of Women Coordinator Bhawanee Tiwari.
- LCC Salzburg, NCC Women Forum Austria was formed on 24 February 2018 under the leadership of Coordinator Banti Kandel.
- NCC Women Forum Japan formed under the leadership of Women Coordinator Sabita Shrestha.
- NCC Women Forum Hong Kong formed on 2 July 2018 under the leadership of Anu Rai.

## C. ONE EURO PROJECT AND ITS EFFECTIVENESS AROUND THE WORLD:

“1 EURO” project was adopted by the Women Forum Belgium initially. The concept was created by Ms. Lila Manandhar, Former Women Coordinator of NCC Belgium. Since then many Women Forums have adopted the project and contributed to many important projects initiated by Women Forum.

Under this concept, depending on the currency of Country, every women forum or NCC should collect One dollar, One Euro, One Pound, One Rubble, One Franc, One Krona One Dirham, One Yen, and One Rupee etc. per member per month.

“The best way to find yourself is to lose yourself in the service of others.”

- Mahatma Gandhi

Such collected funds will be kept under the official bank account of NCC or Women Forum and collectively contributed to Women Forum of ICC for taking up women based social project in and out of Nepal. Such funds will be mobilized for the welfare of deprived Nepalese women inside and out of Nepal.

The NCCs and Women Forums should design mechanism to divide the collected fund in efficient manner such as keep 25% to NCC and deposit 75 % to ICC women forum account or contribute 100% funds to the Women Welfare fund to carryout different women based social programs in Nepal.

NCCs or Women Forum can release such fund to Women Welfare Fund of ICC monthly, quarterly or yearly basis as per the convenience. The Women Coordinator of ICC will keep track and record of all the income and expenses of the fund and report to all the NCC women forum timely. In case of funds reserved in NCCs the women coordinator of NCC should keep track of funds and submit report to members and ICC Women Coordinator.

### Fund Raised Under 1 Euro Project this year:

Women Forum Switzerland:	CHF 1,000
Women Forum Norway:	Rs. 64,000
Women Forum Denmark:	Rs. 50,000
Women Forum Spain:	Rs. 50,000
Women Forum Finland:	Rs. 60,000
Women Forum Ireland:	Rs. 1, 02,000
Women Forum Austria:	Euros 500
Women Forum France:	Euro 1026
Women Forum LCC NRW Germany	Euros 400
Women Forum LCCs Ireland	Euros 1500

## D. ACTIVITIES AROUND THE GLOBE:



- NCC Canada women forum organized Oral and Dental Health Awareness program on 16 December 2017 at Brampton Everest Taekwondo under the coordination of Mr. Bimal Sapkota.



- NRNA NCC Women Forum Belgium organized an interaction program on January 14, 2018 to discuss on formation of women forums in different parts, launch of one Euro Project and more.



• NCC Australia and Women Forum organized the walk for welfare program on 10 March 2018 at Cook Park to raise the awareness against women violence.

- NCC Hongkong organized NRNA Hike 2018 on 21 January 2018 to raise funds for the Nepalese Women suffering uterus prolapse condition.



- NCC Women Forum Switzerland celebrated the 108<sup>th</sup> International Women's Day on 10 March 2018 in Staufen/AG Switzerland.

- NCC Women Forum Austria formed LCC Salzburg Women Forum on 24 February 2018 under the leadership of Coordinator Banti Kandel.



- NCC Canada and Canada Nepalese Women Chautari jointly celebrated 108<sup>th</sup> International Women's day on March 14, 2018 in Mississauga, Canada.

- NCC Saudi Arabia celebrated 108<sup>th</sup> International Women's Day on 8 March 2018 by organizing special program.



- NCC Women Forum UK organized an interaction program on 22 April 2018 to discuss on the projects of the Women forum and to officially launch the One pound a month project.

- NCC Sweden Women Forum celebrated 108<sup>th</sup> International Women's day on 8 March 2018.



- NCC Women Forum France was formed on 29 April 2018 under the leadership of women coordinator Paru Malla amidst huge number of women and other NRNA friends' participation.

- NCC Belgium celebrated 108<sup>th</sup> International women's day on 8 March 2018 in Belgium.



- NCC Germany organized a charity dinner program on the occasion of Nepali New Year on 7 May 2018. The program raised fund for building of Muskan Sewa Nepal. The LCC NRW was also formed under the leadership of Women Co-coordinator- Sarita Acharya on that event.



- NCC Women Forum Austria organized social picnic program at Kahlenberg, Vienna for the women and children on 3 June 2018



- NRNA Germany LCC Hessen women forum was formed on 16 June 2018. The forum managed to raise Euro 723 during the program under the 1 Euro Initiative and ensured that fund will be utilized to Uterus Prolapsed project in Nepal.



- NCC Hong Kong Women Forum formed on 2 July 2018 under the leadership of Anu Rai.

- NCC Australia Women Forum (Nari Nikunj) signed agreement with WEAN for providing basic skill training to deprived Nepalese women. Nari Nikunj Australia contributed Rs. 10 Lakh for this project and so far trained around 35 women with Ketchup Making, Ginger and Coriander farming skills.

## E. MEETINGS:

- Regular online meeting with Deputy Regional Women Coordinators and NCC Women Coordinators to draft the future plans and implement program of women forum
- Regular online Regional Africa, America, Asia Pacific, Europe, Middle East, Oceania Women Coordinator's Meeting.
- Recent 3<sup>rd</sup> NRNA European Regional Women's Online Meeting was held on 26 May 2018.

## F. UPCOMING PROGRAMS AND PLANS:

- NCC Japan Women Forum is organizing free health checkup program on July 8, 2018 at Shinjuku Tokyo. The aim of this program is to minimize basic health related problems like family planning, abortion and more of Nepalese Women residing in Japan.
- 9<sup>th</sup> European Regional Women's Meeting is going to be held in Luxembourg on July 30, 2018.
- 7<sup>th</sup> Uterus Prolapse Program and 2nd ENT free checkup camp to be held in September 2018 in Nuwakot.

“Charity sees the need not the cause.”  
-German Proverb

# G. WOMEN AROUND THE WORLD:



Women Forum Austria



Women Forum Luxembourg



Women Forum Belgium



Women Forum Netherlands



Women Forum Denmark



Women Forum Portugal



Women Forum Finland



Women Forum Spain



Women Forum France



Women Forum Switzerland



Women Forum Germany



Women Forum UK



Women Forum Ireland

# Non-Resident Nepali Association - National Coordination Council

## Women Coordinators 2017-19

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**Non-Resident Nepali Association**  
**International Coordination Council 2017-19**

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*“I can do things you cannot, you can do things I cannot;  
together we can do great things.”*  
**-Mother Teresa**

**Transfer Fund NRNA Women Welfare Account**

Account No : 0240000001607  
Beneficiary : NRNA WOMEN WELFARE FUND  
Bank : Sanima Bank Ltd., Alkapuri, Kathmandu  
Swift : SNMANPKA



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